

Dr Juan Dorta

Consultant Psychiatrist

Crisis Resolution Team and Early Intervention in Psychosis

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Notice period: 3 months

Immigration status: Spanish. Resident in Ireland Languages:

IELTS Academics Exam Band Score: 8.0 – CEFR Level: C1. 28/02/2024

Spanish Native Speaker

WORK EXPERIENCE:

Consultant Psychiatrist, Crisis Resolution Team and Early Intervention in Psychosis

August 2025 – Now

Mercy University Hospital

- Assessment and management of acute crises in community settings.
- Involved in complex diagnostic assessments, including at risk mental states and psychosis with affective, and substance-related comorbidities.
- Clinical lead within a multidisciplinary team, (~20 staff) across two acute services.

Consultant Psychiatrist, General Adult. Locum

January 2025 – July 2025

Cork University Hospital

- Clinical and operational leadership for a catchment area of over 60.000 people.
- Inpatient and outpatient department.
- Leading of multidisciplinary team meetings and individual care plan meetings.
- Clinical and Educational supervisor of junior doctors.
- Coordinated care with other services such as home based treatment teams and perinatal mental health services.

Consultant Psychiatrist S.I. liaison psychiatry. Locum

March 2024 – December 2024

Sligo University Hospital, Liaison department

- Roughly 5 new referrals per day (medical wards and emergency department).
- January-June: 836 new referrals and 506 follow up contacts
- Management of Delirium, Addictions, Self-harm, Psychosis, Eating disorders, first assessment of Cognitive Impairment, Perinatal Mental Health and comorbidities.
- Partaking in teaching sessions with ED staff and induction of new doctors to ED
- Clinical and educational supervisor of junior doctors

Consultant Psychiatrist. Locum

November 2023 – February 2024

Hospital Universitario de Canarias, Spain.

Treatment-resistant psychosis inpatient unit

- Start and management of clozapine
- Coordination of psychosocial intervention and family therapy program (MD team)
- Part time rehabilitation/recovery and Old Age Inpatient unit
- Clinical and educational supervisor of junior doctors

Consultant Psychiatrist – private practice

August 2023 – January 2024

Tenerife Juvenile Detention centre CIEMI Valle Tabares, Spain

- Management of initial withdrawal syndrome on admissions
- Legal and forensic advice in court cases

Consultant Psychiatrist S.I. liaison psychiatry. Locum

June 2023 – October 2023

Hospital Universitario de Canarias, Spain. Liaison department.

- Clinical lead of psycho-oncology program for Tenerife (1 consultant psychiatrist, 1 psychologist, 1 trainee and 1 CNS)
- Pre-transplant psychological assessment program
- Pre-bariatric surgery psychological assessment program

Psychiatry Trainee

May 2019 – May 2023

Hospital Universitario de Canarias, Spain.

- Acute Inpatient unit: 11 months
- Outpatient Department: 10 months
- Liaison psychiatry: 6 months
- CAMHS: 5 months (OPD, Inpatient and Day hospital)
- Rehabilitation and Recovery: 5 months
- Somatic: 5 months (P.C. and Neurology)
- Eating disorders department: 2 months
- Addictions department: 2 months
- Legal and forensic: 1 month
- Sexual disorders: 1 month
- On duty work: Over 250 24 hour in person shifts (10-15 patients per shift)

Qualifications:

Medical Council of Ireland Specialist Registration – Psychiatry

December 2023 - Now

MCIRN: 521056

Specialist in Psychiatry – General Adult

May 2023

Hospital Universitario de Canarias, Spain.

MIR – Spain’s Specialist Exam

February 2019

Medical Degree

September 2012 – June 2018

Universidad de Laguna, Spain.

Professional Certificates & Training:

Applied Neuroscience MSc (in progress – PG Diploma completed)

Expected to be completed in December 2026

King’s College London

Master of Psychopharmacology Program

March 2023 – August 2024

Neuroscience Education Institute

Management of violence and abuse in healthcare program.

January 2023 – June 2023

Formación Alcalá. Certified by continuing professional development commission of Madrid.

- Prevention and treatment of child abuse (13.1 Credits-100 hrs)
- Psychosocial intervention in child abuse situations (3.6 credits-45 hrs)
- Psychological treatment keys of domestic violence (5.2 credits-65 hrs)
- Social and health assistance in domestic violence (4.3 credits-80 hrs)
- Social and health assistance in gender-based violence scenarios (4.2 credits-80 hrs).
- Specialized attention to women victims of gender-based violence (17.2 credits-80 hrs)
- Integral management of mistreatment in elderly (2.8 credits-25 hrs)

Solution focused brief therapy training

September 2021- September 2022

Spanish Brief Systemic Therapy Alliance

University expert in cognitive-behavioural therapy.

September 2019- May 2020

Universidad de Valencia, Spain

Publications:

International:

1. Dose-Dependent Facial Edema Secondary to Olanzapine in a Medium-Long Stay Psychiatry Ward: Case Report and Review of Cases. 2022. Journal of Clinical Psychopharmacology. 2022 Mar – Apr; 42(2):210-211. PMID: 35230049.
2. Delayed Neuropsychiatric Syndrome After Carbon Monoxide Poisoning. Actas Españolas de Psiquiatría. 2022 Jan;50(1):65-67. PMID: 35103300

International Conferences Posters:

1. Night-Time/daytime malonaldehyde levels in paranoid schizophrenic patients (34th ECNP Congress, 2-5 Oct 2021).
2. Relationship between duration of admission and type of antipsychotic in a sample of acute schizophrenic inpatients (34th ECNP Congress, 2-5 October 2021).
3. Anorexia nervosa and Wernicke-Korsakoff syndrome: case report and literature review (31st EPA, 25-28 March 2023, Paris).
4. Syndrome of inappropriate antidiuretic hormone secretion (SIADH) secondary to sertraline: case report and literature review (31st EPA, 25-28 March 2023, Paris).
5. Fahr's Disease: a case report of a patient with neuropsychiatric symptoms (31st EPA, 25-28 March 2023, Paris).

National:

1. Olanzapina en patología dual, en ancianos y otros posibles usos de clozapina. Mi primera Manía. 2020. ISBN: 978-84-17524-76-0
2. Olanzapina en casos de urgencia, de rescate y como tratamiento a largo plazo. Olanzapina y abuso de sustancias. 2020. ISBN: 978-84-17524-74-6
3. Hemocromatosis. Impacto cognitivo y psicosis. A propósito de un caso. Norte Salud Mental, January 2021.
4. Revisión Bibliográfica - Actualización De Las Principales Indicaciones Y Usos Del Ácido Valproico En Psiquiatría. Revista Npunto, April 2021 (ISSN: 2603-9680).
5. Vortioxetina Como Alternativa Para La Disfunción Sexual Con Antidepresivos. Presentación De Un Caso Clínico. Psiquiatría.com, June 2021.
6. Revisión Del Ácido Valproico: Actualización En Interacciones Y Reacciones Adversas. Portales Médicos, June 2021.
7. Caso Clínico: Depresión y Mirtazapina en el Anciano. Beneficio de Algunos de sus Efectos Secundarios. Npunto Vol. IV Numero 41. Agosto 2021: 125-127 (ISSN: 2603-9680).
8. Casos Clínicos sobre el uso de Oxitril. Duloxetina en Dolor crónico. Duloxetina en neuropatía periférica. 2022. ISBN: 978-84-18568-64-0

Audits and service development:

1. Management of violence in emergency departments
2. Safe transfer of patients from emergency department to acute mental health unit
3. Digitalization of Crisis Resolution Team and Early Intervention in Psychosis Team (Cork)

References:

Available on request.